



## Omatrix Spring 2014 Calendar

### The Yoga Diet® Series



Manifest Your Best Life! The Yoga Diet® Series is designed to give you a super boost to your life. If you suffer from stress, anxiety, health related issues, mental or emotional distress, then The Yoga Diet® can help to transform the problem! This series is designed to introduce you to the best of Yoga, diet and lifestyle changes so you can begin to live your best life.

Date	Event	Credits
January 4 <sup>th</sup>	Intro to the Yoga Diet, Maui, HI	1
January 5 <sup>th</sup> , 12 <sup>th</sup> , 19 <sup>th</sup> , 26 <sup>th</sup>	4 part e-course on Yoga Diet	1 / e-course
February 6, 13, 20, 27	4 part e-course on Yoga Diet	1 / e-course
February 22 – 23 (2-6 PM)	Yoga Diet Lifestyle Training Intensive, Maui, HI	4 / day

### Energy Mastery



Change your energy and you change your life. The energy mastery series introduces you into beginning and advanced techniques in energy medicine. The courses will delve into Shakti Healing, the specialized healing created by Babaji Maharaj. It will also



introduce techniques that you can use for self – healing to eliminate stress and anxiety and to begin changing your lifestyle with the use of energy healing techniques.

<b>Date</b>	<b>Event</b>	<b>Credits</b>
March 6, 13, 20, 27	Energy Mastery 4 Part e-course	1 / e-course
March 20 – 23 (2 – 6 PM)	Energy Mastery 4 day intensive, Maui, HI	4 / day

### **Miracle Meditation**

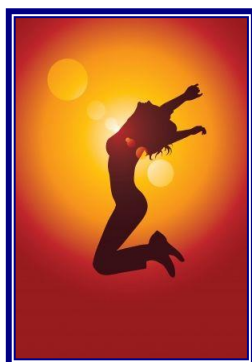


Discover the miracles that surround meditation. In this workshop intensives, we will move through the basics and into advanced techniques surrounding meditation. Learn everything from specialized breathing methods to ways that you can use meditation to perform miracles in your life everyday. With the use of these meditation options, you will be able to transform every area of your life.

<b>Date</b>	<b>Event</b>	<b>Credits</b>
January 7th	Miracle Meditations e-course Intro	1
January 15 <sup>th</sup>	Miracle Meditations Intro, Maui, HI	1
January 30 <sup>th</sup>	Miracle Meditations e-course intro	1
February 15 – 16 (2-6 PM)	Miracle Meditations Workshop Intensive, Maui, HI	4 / day
April 17 – 20	Rise Phoenix: Meditation and Wellness Retreat, Maui, HI	8 / day



## Empowerment Series



Empower your life with our empowerment series! Brooke Hart and Babaji Maharaj work to create a deeper understanding of how you can empower and transcend different areas of your life. Tap into overcoming social stigma, working with your soul mission and becoming empowered so you are achieving your dreams. This year's empowerment series focuses on Healing the Feminine. Other empowerment programs are available for businesses and individuals through custom settings.

Date	Event	Credits
January 15 <sup>th</sup>	Healing the Feminine – online intro with Brooke Hart	1
February 14 <sup>th</sup>	Healing Mars and Venus – online seminar with Brooke Hart	1
March 1 – 2 (2-6 PM)	Empowerment Series Intensive: Healing Mars and Venus	4 / day
March 16 <sup>th</sup>	Healing the Feminine – online seminar with Brooke Hart	1
August 14 – 17	Empowerment Series: Women's Retreat, Big Island, HI	8 / day

## Sounds of Humanity



Listen to the voices of change through the Sounds of Humanity. This concert series is designed to educate and transform the globe by creating a voice for all of humanity. The Sounds of Humanity offers contemporary music, combined with other formats of music with a deep social message. All Sounds of Humanity concerts are followed with a forum and empowerment workshop series, specifically so we can connect, create community and begin to resolve some of the largest world issues.



<b>Date</b>	<b>Event</b>	<b>Credits</b>
January 23 <sup>rd</sup>	Sounds of Humanity Pre – Concert with Brooke Hart	-
February 26 <sup>th</sup>	Sounds of Humanity Pre – Concert with Brooke Hart	-
March 27 <sup>th</sup>	Sounds of Humanity Pre – Concert with Brooke Hart	-
April 25 <sup>th</sup>	Sounds of Humanity: Prosperity of Peace Concert – Maui, HI	1
April 26 – 27 (2 – 6 PM)	Sounds of Humanity: Prosperity of Peace Empowerment Workshops	4 / day